

Curriculum Vitae

Mox Harris

Lecturer, Nutrient Formulator, Inventor,
Writer, Physician (retired)

Professional Speaking Engagements

- T2: The forgotten thyroid hormone
- Mitochondria: The power to live
- Mitochondria 2: more than ATP
- Alzheimer's: Pathophysiology and treatment
- Fasting: The fastest way to health
- Melatonin: Much more than sleep
- CO₂: Not just a waste product
- The Ketogenic diet: Pros and Cons
- Microglia: Dr. Jekyll or Mr. Hyde
- Injection therapies I**
- Methylation/Epigenetics 1**
- Methylation/Epigenetics 2**
- Methylation/Epigenetics 2s**
- The Microbiome: More than your gut
- Inflammation: Part of Every Chronic Disease
- Emotional Clearing
- The Autonomic Nervous System: A critical balance
- The Big C: Causes and Cures**
- Energy: Quantum biophysics and the potential for healing
- Magnesium: The Magnificent
- Resveratrol: Not just the French Paradox
- The Gut Brain Axis
- Adiposity: More than Appearance
- Intracellular transport
- Nutrition and Immunity
- The Microbiome
- Cellular membranes
- The Extracellular Matrix
- Making your own stem cells, and, when they aren't enough
- Peptides* (a 12 hour seminar)
- Alkaloids

- Cellular Senescence: There be zombies
- The 4 Great Nucleotides
- Heat Shock Proteins
- The Krebs Cycle and its SNPs
- Nagalase: the missing part of your immune system
- Microplastics: a new problem
- PFAS: The Forever Chemicals
- Exercise for longevity
- cAMP
- CREB
- MAPK
- The Nerves
- Insulin resistance
- Hyperpalatibility
- Upcominf
- FGF25
- Klotho
- TFAM

- **Upcoming lectures**
- Vascular Health
- The human Virome
- Intrinsically Disordered proteins
- The fascial system
- Fibrosis
- CGRP

**Seminars

Upcoming Seminars

- Peptides 2**
- Methylation/epigenetics 3**
- Injection Therapies 2**

Publications

- Naturopathic Endocrinology (contributor and editor) Bastyr University Press
- Herbal Medicine monographs (Author) Bastyr University Press
- Methylation and SNP's, the Chiropractic Adjustment and taking our patients to the next level of health. The American Chiropractor 2/1/2019

- Injection Therapies – Helping Chronically Afflicted Patients Overcome Hard-to-Treat Conditions: The Townsend letter, May 2020 Issue 442

Books in progress

- Cancer: Causes and Cures
- Aging: The most popular thing in the world (working title)

US and International Patent Holder: US Patent # US 11,164,677 B1 (SYSTEM, METHOD AND CONTAINER DELIVERY SYSTEM FOR MANIPULATING THE FUNCTIONING OF A TARGET)

- Additional International Patents Pending

Professional Positions

- Chief Scientific Officer: SpinQ Corporation Inc.

Education

- Colorado State University
- Cambridge University
- Bastyr University

Dr. Harris enjoys reading the scientific literature , eating well, and exercise